

News & Updates for the Keystone and Metropolitan Philadelphia Chapters American College of Surgeons

It is hard to believe we are already into the Fall season and the holidays are just around the corner. Even though we have been struggling with the COVID restrictions for almost eight months, in-person meetings preventing and events, Keystone and Metropolitan Philadelphia Chapters continue to provide virtual engagement opportunities to keep our members engaged. Additional details on upcoming events are included in this issue.

This issue of the *Pennsylvania Surgical News* is a combined October/November issue. The next issue will be December and be available in late November.

We want to take an opportunity in this issue to highlight and congratulate many of our members who are stepping into new leadership roles in the physician community, received honors and accolades from their institutions, communities, or specialty societies or have had a recent noteworthy accomplishment. Future issues of the newsletter will continue to share YOUR accomplishments with our readers. If you would like to be featured in an upcoming issues, send your information to Robbi Cook at the Keystone and Metro Philly Chapter office (rcook@rmcmanagementsolutions.com).

The ACS Clinical Congress saw 30,000 members register to attend the week-long virtual event that included seminars, lectures, and opportunities for members to connect in a virtual environment to

October/November 2020

learn, share, and foster professional relationships. As a reminder, lectures are available for viewing until December 31, 2020. Click <u>here</u> for additional resources.

During the October 4th Convocation Ceremony, 2,125 new Fellows were welcomed into the College. The class of 2020 included 1,362 surgeons from the U.S. and Canada (585 female surgeons!), and 763 International Fellows representing 75 countries. The Keystone and Metropolitan Philadelphia Chapters congratulate our 54 new Fellows and look forward to your engagement with your local chapter. If you missed the Convocation Ceremony, you can watch the recording <u>here</u>.

We also would like to congratulate Michael A. DellaVecchia, MD, PhD, FACS (ACS Governor and Past President of Metro Philly Chapter) on his installation as the 171st President of the Pennsylvania Medical Society. The installation ceremony took place during the Pennsylvania Medical Society's virtual House of Delegates meeting held on October 24th. Read more in our interview with Dr. DellaVecchia on page 2. To listen to his acceptance speech, click <u>here</u>.



Daylight Savings Time 2: 00 AM November 1, 2020 Set Your Clocks BACK 1 Hour!



Michael A. DellaVecchia, MD, PhD, FACS, FICS 171st President Pennsylvania Medical Society

Metropolitan Philadelphia Chapter Governor and Past President, Michael A. DellaVecchia, MD, PhD, FACS, FICS, was installed as the 171st President of the Pennsylvania Medical Society during its virtual House of Delegates meeting on Saturday, October 24th. I sat down with "Dr. D," as he is known to his many students, colleagues, and friends, to talk about this esteemed honor and what his initiatives will be during his term in office.

Dr. D is an ophthalmologist, pathologist, and biomedical engineer from the Philadelphia. His grandparents immigrated from Italy in the early part of the last century, had no formal education, but taught themselves to read and write. His parents were raised during the depression, attending school only through the fourth grade before being placed into full-time work. His father served in the Army during World War II, experiencing D-Day and the Battle of the Bulge. Both parents were very bright and read constantly. The family had the philosophy, "If it broke, you fixed it, or you learned to do without it." At an early age, his parents impressed upon him the value of knowledge, and the education which they were denied. Dr. D's philosophy mirrored his parents - "Education is not your right, it is your privilege, so don't mess it up." This is evident when you read Dr. D's CV and the many honors and accolades he has received during his medical career.

What drew you to a career in medicine? I was fortunate enough to be awarded a fellowship at the renowned Drexel University Biomedical Engineering Program. Part of the program included anatomy and physiology courses at Temple University Medical School. This fueled my interest in living systems as opposed to physics and mathematics which I had studied my whole life. I realized medicine was becoming more and more of a science and I felt it would be a good place for me.

Do you have regrets? Would you have considered a different path? The medical profession is unfortunately in the maelstrom of politics, insurance, and corporate interference. I think the profession would progress more and with fewer hassles if doctors would have been able to control their own field of endeavor and fate. This is the reason I became more active in the medical societies at the local, state, and national levels. I am fighting for our control of medicine. I know I would have chosen a different path if I had remained in physics and mathematics. They are my "safe areas." When I finish boning up on all my medical journals, at the end of the day, I frequently spend time going over equations in mathematics and physics as a great diversion from medicine.

How has the journey to obtain a medical degree changed over the years? It has changed drastically. Education is more exposure to multimedia these days as opposed to when doctors left their classroom with 20-30 pages of notes from their lecture. Access to medical information is immediate and comprehensive on the Internet. However, we should realize that more radical changes are yet to come with advanced technologies such as artificial intelligence, robotics. and nanotechnology pervading our education and practice of medicine. I hope to, during my tenure as President of the Pennsylvania Medical Society in some way, contribute this awareness with our members.

Thoughts on the current environment in Pennsylvania? Do you feel this will drive physicians to leave the state? How will this affect access to care, especially in rural and underserved areas? Unfortunately, the politics in Pennsylvania seems destined to repeat its mistakes by continuing to pursue control of our profession. With the ridiculously high cost of medical education and legislative controls, you can see why many talented young people choose another profession or practice in another more physician-friendly state. Financial misfeasance tries to be offset by our required M-Care and JUA funds overtaken; it is not welcoming for future physicians! Pathways pursued previously, such as venue shopping and scope of practice, are now being resurrected. One can only conclude that the honorable profession of medicine is not appreciated in Pennsylvania. New legislative issues, which may arise, like piercing the confidentiality of peer review and credentialing, will ultimately make practicing in Pennsylvania even more difficult.

What are your thoughts on how COVID has changed medical education delivery? COVID has changed life throughout the world. Much of the education process will be online and if handled properly can be an advancement. Better delivery and monitoring of information and expansion to multiple institutional venues are definitely a benefit. Lectures will be when and where you want them, readily and repeatedly reviewable, no waiting, no commute time. No more snow days just switch to virtual lectures.

Telemedicine: Is it here to stay and are there drawbacks? To some degree, telepresence and telemedicine are here to stay, and I feel the future will be taking over wider aspects of the technology. The drawback to me is that I miss the direct interaction with the patient. My patients miss the direct interaction also. As biosensors become more available to monitor the patients, telemedicine will have a greater presence in our profession, as it will be instantaneous and cost-effective.

What advice would you give to someone considering a medical career? According to many of the medical students I have lectured over the years, they tell me the best piece of advice I gave them was, "when you decide to choose medicine as a profession or a certain specialty, you will often get impressed by the people or things you see during your clinical rotations. This will be part of your decision. But what you must do is envision your choice 10-20 years from now when you will be at the height of your career. Your specialty will be greatly altered by technology, scope of practice, and politics. You should be prepared to function in that future environment."

As a long-time member of MPACS, current ACS Governor, and Past President, how important is it for surgeons to be actively engaged in the ACS and their local ACS chapter? I cannot overstress the importance of our colleagues and future colleagues to join our team early and actively. We have to be the ones to determine our future, and our strength in numbers will greatly assist that end. I jokingly like to say, "If we are not invited to sit at the banquet table, then be prepared to be on the menu!"

Do you feel physicians in general are adequately supported when it comes to education, leadership advancement, wellness, payment, and job security? Not to the extent we should be. This is the reason why we need strong membership. We have to give value to membership, and we have to control our fate. Membership should be the standard! When you become a carpenter, you join the carpenters' union. If you are a surgeon you join ACS and your local chapter!

As the newly elected PAMED President, where will you focus your efforts on behalf of the healthcare community? There are many fronts to this in medicine and surgery. We have to be prepared not only to stand up for our profession, but also be part of advancing it. We have to focus our efforts wherever and whenever the need arises.

Thoughts on current requirements to obtain and retain a medical license? How would you change the process? It has to be re-evaluated. There are too many hoops - expensive hoops, that we have to jump through in order to have the "privilege" of being allowed to practice. The excessive fees charged by the state and the certifying boards should be re-evaluated.

What are your thoughts on legislative advocacy? Unfortunately, in this country I feel legislation is "***backwards." Good legislation should follow and not dictate what is good practice. If you want good plumbing, you get together all the experts in plumbing and determine best standards. After that, the legislative process should then codify the agreed upon standards. This is for the communal good. Unfortunately, in this country, the experts have been first overtaken by legislation and then the practitioners are expected to follow.

What other information would you share with members about you, your career, or working in the healthcare field? Remember that we are all part of the team and we should <u>ALL</u> be actively in the game. We must <u>ALL</u> work together and the more in union we are, the better it is for the profession. I am here as a member of your team and I am here to help you!

Congratulations Dr. DellaVecchia on being installed as the 171st President of the Pennsylvania Medical Society. Thank you for taking time from your busy schedule for this interview.

Robbi-Ann M. Cook, CAE Executive Director

AMERICAN BOARD OF SURGERY CONTINUOUS CERTIFICATION ASSESSMENT MODIFICATIONS

Due to the impact the COVID-19 pandemic has had on ABS diplomates, their practices, and their professional and personal lives, the ABS has made modifications to the timeline for those required to complete their 2020 Continuous Certification Assessment.

According to the ABS, diplomates will:

- Have until Friday, January 15, 2021 to submit information regarding their ongoing program requirements, including CME, reference letters, and operative experience information. This is an additional extension and supersedes all other previous extension announcements.
- The 2020 assessment window has been extended from eight weeks to ten weeks (September 7 through November 16, 2020) to provide extra time for completion. Note the 2020 assessment must be completed within this timeframe, but all ongoing requirements can be submitted in January 2021.
- Diplomates required to take an assessment during 2020 may do so prior to updating other program requirements.

Diplomates can visit the ABS website (<u>https://www.absurgery.org/</u>) for information on fee deferral in case of financial hardship.

Visit your ABS diplomate portal to determine if you have any requirements due this year. ABS advises you do not need to complete them prior to the assessment, but you are able to submit if you wish. ABS will follow up with additional information when the assessment window opens, and they advise all diplomates to update your contact information to ensure timely receipt of updates and additional information. For specific questions on the assessment timeline, email process and cc@absurgery.org visit the Continuous or Certification area of their website.

IMPORTANT DATES TO REMEMBER:

- ✓ Aug. 10 Nov. 16 Assessment registration available
- ✓ Sept. 7 Nov. 16 2020 Assessment window
- ✓ Nov. 2 last day to begin your assessment to ensure you have two full weeks to complete requirements
- ✓ Jan. 15, 2021 Ongoing program requirements must be submitted by 11:50 PM (EST)

CLINICAL CONGRESS 2020

Highlights from ACS Clinical Congress 2020

Did you miss ACS Virtual Clinical Congress 2020? You still have time to view the lectures and seminars presented. Go to <u>ACS Clinical Congress</u>, register, and take advantage of numerous CME hours. The sessions will be available until December 31, 2020.

J. Wayne Meredith, MD, FACS was installed as the 2020-2021 ACS President. Dr. Meredith, an esteemed trauma, thoracic, and critical care surgeon from Winston-Salem, NC, was installed during the Convocation Ceremony on October 4th as the 101st President of ACS. To view Dr. Meredith's Presidential address, click <u>HERE</u>.

A number of Keystone and Metropolitan Philadelphia members were recognized or appointed to various committees. We would like to recognize our members who continue to serve the surgical community.

Ned Carp, MD, FACS chief of surgery at Lankenau Medical Center in Wynnewood, was named Outstanding Mentor of the Year by the Resident and Associate Society of ACS (RAS-ACS). Nominated by Austin Williams, MD, chief resident, general surgery at Lankenau, Dr. Williams noted in his nomination that "Dr. Carp is admired by his patients and their families. Not only is Dr. Carp a talented surgeon, but his calm and humanistic approach to patient care is unrivaled and makes him a go-to source for consultation and advice for clinical problems that span all the specialties of general surgery." Congratulations Dr. Carp!

L. Scott Levin, MD, FACS Paul B. Magnuson Professor of Bone and Joint Surgery, chair of the department of orthopaedic surgery, and professor of plastic surgery at the University of Pennsylvania School of Medicine, was elected Chair of the ACS Board of Regents. Dr. Levin will work closely with ACS and will chair the Regents' Finance and Executive Committees. The ACS Board of Regents formulates policy and ultimately is responsible for managing the affairs of the College. Dr. Levin was also admitted in 2018 as a member of the inaugural class of the ACS Academy of Master Surgeon Educators.

The following members were installed or reappointed as chapter-appointed ACS Governors for their respective Chapters. Governors will serve a three-year term.

- Chand Rohatgi, MD, FACS (Keystone Chapter)
- Joseph Blansfield, MD, FACS (Keystone Chapter)
- Jeffrey Kolff, MD, FACS (Metro Philly Chapter)

Jeffrey Farma, MD, FACS Fox Chase Cancer Center was installed into the 2020 class of ACS Master Surgeon Educators during the virtual ceremony on September 25th. For additional information on the ACS Master Surgeon Educators program, click <u>HERE</u>.

Fifty-four (54) members were bestowed their FACS designation during the Convocation Ceremony on October 4th. Congratulations to our new Fellows! Click <u>HERE</u> for a list of new Fellows.

Keystone and Metropolitan Philadelphia Chapters were well represented at the Clinical Congress Abstract Competition. Fifty-two abstracts were submitted from Keystone and/or Metro Philly members. For a complete list of all Pennsylvania submissions, click <u>HERE</u>.

2021 MEMBERSHIP DUES RENEWAL NOTICE

We know 2020 was a difficult and challenging year for many of our members. Funding was delayed or cut due to the effects of the COVID pandemic. Inperson events, like the annual educational conferences, were postponed or cancelled until 2021. Many of our members were not able to continue to their investment in their local ACS Chapter for the 2020 membership year due to these challenges.

Faced with these challenges, both the Keystone and Metro Philly Chapters immediately switched gears, looked for additional services, and virtual sessions to maintain engagement of our members and continue to help you reach your educational needs and networking connections. As we are coming to the close of 2020, both the Keystone and Metro Philly Councils continue to focus on bringing new and exciting opportunities for learning, networking, and hopefully in-person events.

It is now time to renew your commitment to your local surgical community that serves as your voice on issues that affect you, your surgical practice, and your patients. Your local ACS Chapter is the "boots on the ground" arm of ACS, providing information pertinent to your state, regional, and local surgical community. Engaging with local surgical members opens discussions relevant to what is happening here, in Harrisburg, Philadelphia, Scranton, the Lehigh Valley and across Pennsylvania.

All ACS members will receive a renewal invoice by November 15th. If you have had a change in status recently (retired, senior status), please notify the Keystone (<u>info@kc-acs.org</u>) or Metro Philly Chapter (<u>info@mp-acs.org</u>) administrator to make sure your renewal invoice is accurate. Payment can be made online using your credit or debit card. If you prefer to pay via check, instructions will be included on printing and submitting your payment via mail. We encourage members to consider adding a voluntary donation to your local chapter dues. This year has not only been a challenge for our members, but the chapters have also experienced a loss of revenue due the inability to hold in-person events and support from our vendors and service providers. A small voluntary donation added to your low local dues rate will go a long way to helping us continue to offer timely and relevant events.

We thank you for your continued commitment to your local ACS Chapters.



Welcome to the newest members of the Keystone and Metropolitan Philadelphia Chapters who joined during the month of October:

Christopher Collier (Medical Student) Kristin Goodsell (Medical Student) Roxolana Horbowyj, MD, FACS (Fellow) Piotr Krecioch, MD (Fellow) Asanthi Ratnasekera, MD, FACS (Fellow) Arvind Sabesan, MD (Fellow)



COMING IN 2021 FOR OUR RESIDENTS

Two new programs are in the planning stages for members of the Keystone and Metropolitan Philadelphia Chapters.

Kicking off in January will be the Keystone Chapter's Case Review Competition. The competition will be open to all active, paid Resident members of the Chapter. Submission guidelines and registration information will be coming in December. Submissions will be judged with top submissions provided an opportunity to present to the membership via a virtual session. Stay tuned for additional details.

The Metropolitan Philadelphia Chapter will be hosting a session in January geared for Residents looking for guidance and tips on matching. "How to Maximize Your Fellowship Match" will be a 90minute virtual session that will provide an opportunity for Residents to discuss the various specialty areas, ask questions of experts in the field, and gain valuable tips on choosing the right Fellowship. Additional information will be available in December.

FACULTY RESEARCH SCHOLARSHIP

The American College of Surgeons is offering twoyear faculty research fellowships, through the generosity of Fellows, Chapters, and friends of the College, to surgeons entering academic careers in surgery or a surgical specialty. The fellowship is to assist a surgeon in the establishment of their research program under mentorship with the goal of transitioning to becoming an independent investigator. Applicants should have demonstrated potential work their to as independent investigators. The fellowship award is \$40,000 per year for each of two years, to support the research. The deadline for submission is November 30, 2020.

For additional information, visit <u>https://www.facs.org/member-</u><u>services/scholarships/research/acsfaculty</u>.

OPTIMIZING PERIOPERATIVE PAIN MANAGEMENT COURSE

The ACS Division of Education has a new online learning course, Optimizing Perioperative Pain Management: An Evidence-Based Approach, that might be of interested to your members. The course includes eight interactive, case-based modules:

- 1. Understanding Pain Mechanisms
- 2. Risks of Perioperative Opioids
- 3. Expectation Setting
- 4. Multimodal Pain Therapy
- 5. Outpatient Postoperative Opioid Prescribing
- 6. Pre-Existing Opioid Use
- 7. Substance Misuse History
- 8. Pain Management at the End of Life: Final Hours to Days

Additional information on the program can be found <u>HERE</u>.

METRO PHILLY MOCK ORAL BOARDS UPDATE

The Metro Philly Chapter shifted gears and held Mock Oral Boards virtually due to the COVID inperson restrictions. Kudos to co-chairs, Renee Tholey, MD, FACS and Sanjay Reddy, MD, FACS for facilitating and not skipping a step to prepare our Residents for their upcoming oral board examinations.

Sixty examinees faced a series of six sessions to test their knowledge and skills during the 90-minute examination. Faculty from 10 Philadelphia institutions facilitated the examinations. Examinees receive their final score and tips provided by the faculty to help them better prepare for the actual examination day.

Institutions participating were Abington, Cooper, Einstein, Fox Chase, Jefferson, Lankenau, Mercy Catholic, PCOM, Temple, and University of Pennsylvania. Thank you to our faculty members for participating in this annual event!

MEMBERS IN THE NEWS

Keystone and Metro Philly members have been recognized throughout the years as exemplary members of their local community, their institutions, and the surgical community. We would like to take a moment to thank them for their continued service and congratulate them for honors and recognitions they receive.

If you have information to share with your fellow ACS colleagues, please forward your information to Robbi Cook for inclusion in an upcoming issue of the *Pennsylvania Surgical News*.

- Congratulations to Niels Martin, MD, FACS who was recently appointed Vice Chair of Inclusion and Diversity for the Penn Department of Surgery.
- We congratulate the following Keystone and Metropolitan Philadelphia members honored as Pennsylvania Medical Society's "40 Under 40" recipients:
 - Neerav Goyal, MD, MPH (Penn State Hershey Otolaryngology)
 - Robert Kucejko, MD, MBA, MS (Thomas Jefferson University Dept. of Surgery)
 - Sanjay Reddy, MD, FACS (Fox Chase Cancer Center)
- Philadelphia magazine recognized the following Temple & Fox Chase Physicians as "Top Doctors in Cancer Care". Congratulations to all!
 - o Abbas E. Abbas, MD, MS, FACS
 - Richard J. Bleicher, MD, FACS
 - David Y.T. Cheng, MD, FACS
 - Paul G. Curcillo, II, MD, FACS
 - o John M. Daly, MD, FACS
 - o Jeffrey M. Farma, MD, FACS
 - Richard E. Greenberg, MD, FACS
 - Enrique Hernandez, MD, FACS, FACOG
 - o Alexander Kutikov, MD, FACS
 - Jeffrey C. Liu, MD, FACS
 - o Michael J. Metro, MD
 - o Jack H. Mydlo, MD

- o Sameer A. Patel, MD, FACS
- o Roman V. Petrov, MD
- o Matthew M. Philp, MD, FACS
- o Joseph V. Queenan, MD
- o John A. Ridge, MD, PhD, FACS
- o Howard M. Ross, MD, FACS, FASCRS
- o Stephen C. Rubin, MD
- o Cecelia E. Schmalbach, MD, MSc, FACS
- o Elin R. Sigurdson, MD, PhD, FACS, FRCS
- o Stacey Su, MD
- Neal Topham, MD, FACS
- o Robert G. Uzzo, MD, MBA, FACS

ACS QUALITY and SAFETY CONFERENCE



Access to the 2020 ACS Quality and Safety Conference VIRTUAL Extended

ACS has extended access to the virtual conference through the end of 2020!

After receiving significant positive feedback from the event, ACS has decided to extend access to the excellent content and resources presented at this year's ACS Quality and Safety Conference VIRTUAL. This includes 60+ Panel Sessions, nearly 30 Fireside Chats featuring prominent experts within the surgical field, and 400+ thoughtful Abstract Presentations and Posters.

Registration will remain open so all may enjoy free access to the virtual conference through December 31. Do you know someone that would like to register? Tell them to <u>register</u> for instant access.

Continuing education credits for the virtual conference must also be claimed by December 31. Visit the website for more information on <u>credit</u> <u>claiming</u>.

Questions? Contact <u>acsqconference@facs.org</u>.

Well-Being and Assistance

The Power of Emotion: Assessing the Emotional Dimension of Well-Being

Well-being often is characterized as a composition of eight dimensions, including the physical, mental, emotional, occupational, intellectual, financial, spiritual, and social dimensions. These dimensions are interdependent and not always equally balanced, though, and it is important to nurture and grow each to build a better quality of life. Over the next several weeks ACS will be sharing a series of wellness articles that will focus on various dimensions of well-being and continue to offer articles, tools, and resources for your well-being.

Physicians who have high levels of grit and resilience positively associate with well-being. Psychologists defined resilience as the process of adapting well in the face of adversity, trauma, tragedy, threats, or significant sources of stress, such as family and relationship problems, serious health problems, or workplace and financial stressors. To cultivate and maintain the emotional dimension of well-being, it is important to engage in identifying, accepting, and managing emotions and feelings at all levels.

The emotional dimension recognizes awareness and acceptance and healthy expression of one's feelings. Emotional wellness integrates optimism, selfesteem, and self-acceptance with the capacity to manage feelings and behaviors. Realistic assessment of limitations, development of autonomy, and ability to cope effectively with stress are critical aspects of the emotional dimension of well-being.

Emotional wellness requires intimacy, independence, and interdependence to be aware of and accepting of feelings in oneself and others, along with taking on challenges, taking risks, and recognizing conflict as potentially being healthy. Learning to identify, accept, and manage emotions and feelings rather than denying those emotions and feelings, is an important ability in cultivating well-being.

As a surgeon, engaging in the emotional dimension creates the space to identify and accept your emotions and feelings – whether positive or negative. It offers the opportunity to pause and step back from the moment to take stock and re-energize oneself from an emotional standpoint.



Other well-being resources include the following:

Emotional Intelligence Toolkit:

This free program offers tools for managing stress and emotions, improving your relationships, and bringing your life into balance.

Mindfulness Exercises:

A repository of mindfulness exercises including audio and PDF files for download, focusing on eating, walking, breathing, body scan, external world and breath, body sensations and emotions, alternate nostril breathing, and more.

Assessments

<u>Stress Screener</u> <u>Anxiety Test</u> <u>ACS Surgeon Well-Being Index</u>

Check out a <u>video guide</u> on how to use the Physician Well-Being Index with more information in the <u>user</u> guide. Associate Fellows and Fellows can use the code **fellow20** and resident surgeons can use the code **resident20**. As always, the Well-Being Index is 100 percent anonymous—your information and score are private and your individual score will not be shared with anyone, including the ACS.



CONTINUING MEDICAL EDUCATION (CME) REMINDER FOR PENNYSLVANIA PHYSICIANS

Just a reminder – 2020 is a licensure renewal year and the clock is ticking. PBOM licensees should have been renewed by October 31, 2020 - PBM licensees must renew by December 31, 2020.

The Pennsylvania Board of Medicine (**PBM**) and the Pennsylvania Board of Osteopathic Medicine (**PBOM**) require all licensees to earn 100 CME Credits every two-year renewal cycle. A minimum of 20 of the 100 CME must be Category 1 Credits, and both licensing boards require content-specific CME be included in this total.

The requirements are detailed below:

- 100 Credit hours every two-years: A minimum of 20 hours must be AMA PRA Category 1 Credits[™] (PBM) or AOA Category 1-A Credits (PBOM).
- 2 Credit hours • addressing Pain Management/Addiction/Prescribing: All prescribers or dispensers must complete at least two hours of continuing education in pain management, the identification of addiction or in the practices of prescribing or dispensing of opioids. This continuing education must be in AMA Category 1 or 2 approved activities for the **PBM** and may be in either AOA Category 1 or 2 approved activities or AMA Category 1 or 2 approved activities to meet the **PBOM** requirement.
- 2 Board-approved credit hours addressing Child Abuse Recognition/Reporting: Two hours of Board-approved continuing education in child abuse recognition and reporting requirements must be completed for renewal or reactivation of a license.
- 12 Credit hours addressing Patient Safety/Risk Management: At least 12 of the 100 hours must be completed in activities related to patient safety or risk management and may be completed in either AMA Category 1 or 2

activities. This requirement is exclusive to the Pennsylvania Board of Medicine.

The American College of Surgeons has compiled and posted summaries of these <u>State CME</u> <u>Requirements</u> for your convenience. The Keystone and Metropolitan Philadelphia Chapters and the American College of Surgeons (ACS) are committed to providing members with the highest quality educational resources and support to meet Continuing Medical Education (CME) requirements, for example:

- Monthly online AMA PRA Category 1 Credit[™] and Self-Assessment Credit through your member subscription to the <u>Journal of the</u> <u>American College of Surgeons</u>
- Three free online <u>Safe Pain Control courses</u> totaling 4 AMA PRA Category 1 Credits[™].
- Coming soon! A new online 8-module course, *Optimizing Perioperative Pain Management: An Evidence-Based Approach,* will offer 8 AMA PRA *Category 1 Credits*™
- <u>Clinical Congress 2019 Webcast packages</u> offer up to 175 AMA PRA Category 1 Credits[™] and 175 Self-Assessment Credits which can be tailored to a physician's interests or requirements, including Credit to Address Opioid/Pain Management and Patient Safety.
- Chapter Educational Conferences provide additional resources and offer up to 7.5 AMA PRA Category 1 Credits[™].

State requirements are subject to change. Contact <u>mycme@facs.org</u> or the <u>state medical board</u> if you have questions or concerns. Check with your state to verify course content meets CME requirements

Why Join Your Local ACS Chapter?

Your local chapters are stronger than ever. The COVID pandemic created opportunities to expand how your local chapters provide educational content, networking, and resources. It also opened new collaboration efforts with other ACS chapters and surgical societies throughout Pennsylvania. If you are not a current member, or your membership is in lapse status, make a commitment today to join or renew.



It's not just who you know, it's who others know. Networking is powerful!

Gain a say in what happens in healthcare through government advocacy efforts. Have a voice!

Stand out and get noticed in your community!

Raise your reputation through professional membership!

Get a competitive edge over non-members with low cost and free training and educational opportunities.

JOIN OR RENEW YOUR MEMBERSHIP TODAY!